SUNNAHS OF SALAAT [سننُ الصلاة]

<u>سننٌ قولية</u> : وهي كثيرة ، منها : الاستفتاحُ – التعوّذ – البسملةُ – التأمين – القراءةُ بعد الفاتحة بما تيسّر من القرآن - الزيادة على تسبيحِ الركوعِ والسجود.

1. **<u>Sunan of Words:</u>**

- Istiftah
- Ta'awwuz
- Bismillah
- Ameen
- Recitation other than fatiha
- Tasbeeh more than once in ruku and sujood.

<u>سننٌ فعلية</u> :كرفعِ اليدين عند تكبيرة الإحرام – عند الهوي إلى الركوعِ وعند الرفع منه – وضْعُ اليد اليمنى على اليسرى ووضعهما على صدره حال القيام – الجهر بالقراءة في موضعه - النَّظرُ إلى موضع السجود – وضْع اليدين على الركبتين في الركوعِ – مجافاةُ بطنه عن فخذيه وفخذيه عن ساقيه في السجود – مدّ ظهره في الركوعِ معتدلاً وجعل رأسه حياله.

2. **<u>Sunan of Body Actions:</u>**

  - Raful yadain
  - Placing the right hand on the left hand on chest in Qiyaam

- Loud recitation when prescribed
- Sight on the place of sujood
- Placing hands on knees during Ruku
- Keeping difference between belly and thighs , and thighs and calves
- Keeping the back straight in Ruku.

وهذه السننُ لا يلزم الإتيان بها في الصلاة ، بل مَنْ فعلها أو شيئاً منها فله زيادة أجرٍ ، ومَنْ تركها أو بعضها فلا حرج عليه شأن سائر السنن .

The above points are the preferred acts of the prayer and all Muslims are encouraged to preserve these practices because their observance entities the person great rewards from Allah (subhanahu wa ta'ala). However, missing any of them does neither invalidate the Salaat nor require the two prostration of forgetfulness.

THINGS THAT ARE MAKROOH IN SALAH

[ما يُكره في الصلاة]

- **رفعُ البصرِ إلى السماء**

Turning of the eyes up. The Prophet (peace be upon him) strongly admonished against this as can be noted from the following saying: *"What is the matter with the people who raise their eyes towards the sky while praying? They shall have to refrain from this or else they will lose their eyesight"* (Reported by Imam Bukhari). It is also disliked to look right and left and the

Prophet (peace be upon him) in this regard says: *"It is a deception with which Satan deceives the servant while in prayer"* (Reported by Imam Bukhari). The person while praying is required to direct his eyes at the point of prostration.

- **التثائب في الصلاة**

Yawning, "Yawning is from the Shaytaan. If any of you feels the urge to yawn, let him resist it as much as possible…" (Bukhari)

- **تغميضُ عينيه لغير حاجة.**

Closing the eyes in the course of the prayer*****.

- **وضع اليدين على غير موضعه**

Placing the hands above the kidneys or on the waist. Hands should be placed over the chest.

- **مسحُ جبهته و أنفه مما عَلَق بهما من أثر السجود**

Wiping the earth (where to prostrate) more than once to remove pebbles on it.

- **قراءة القران في موضع السجود والركوع**

Reading of the Qur'an, while in Rukuu and in Sujuud positions.

- **العبث واللعب وكثرة الحركة من غير حاجة**

Making unnecessary movements in the course of the prayer such as touching the chin (beard) or fidgeting the fingertips or mending up the clothes e. g. the head turban etc.

- **يُكره دخوله في الصلاة بعد حضور الطعام**

Entering to prayer, while food has been served to the person before the prayer or while badly in need of passing excrement and / or urine. The Prophet (peace be upon him) in this regard

says: ***“****Prayer is not valid when food has been served and when a person is in need of relieving himself of excrement and/or urine”* (Reported by Imam Muslim).

- **<u>افتراشُ ذراعيه حال السجود</u>**

Placing arms on the floor in Sujood

- **<u>الصلاة في مكانٍ فيه تصاوير</u>**

Offering Salah in the Presence of Pictures.